



TODAY I WILL BE MORE AWARE OF AND MORE FULLY LIVE MY PIECE OF PEACE.

I will:

- Look at life through the peacebuilder lens
- Remember our shared humanity
- Respect freedom of belief/opinion
- Not play the "blame game"
- Listen to understand and learn -- not to react
- Answer contempt with warm-heartedness
- Seek to live in harmony with the source of wisdom, love, and enlightenment
- Expand my awareness of the good shared in common and focus more on what unites
- Expand my world and not live in a silo
- Watch for and create opportunities to engage others.